



WENTWORTH
COLLEGE

**Sports Information
Handbook
2017**



Welcome to Sport at Wentworth College!

At Wentworth College we offer students the opportunity to participate in as many different activities as possible, in order that they leave College as confident, healthy, all-round young adults. Sport is integral to this goal as it provides students with a wide range of physical, mental and social benefits.

Across New Zealand schools, the average percentage of students involved in sport is approximately 51%. Analysis of our sporting involvement in 2016 showed 64% involved in 'meaningful' sporting co-curricular activities across 20 codes. This high level of participation is something of which we are extremely proud and something we would like to maintain.

We particularly value the support of parents and caregivers in sport. There are numerous roles parents can have, including coach, manager, parent-in-charge, supporter, spectator and provider of transport. The effective functioning of all Sports at Wentworth College is dependent on the combined efforts and enthusiasm of everyone within our community.

We believe Wentworth College has students with the talent, ability and enthusiasm to achieve at the highest level in sport. We look forward to us all working towards helping our students reach their potential and being part of their achievement in 2017.

Yours in sport,

A handwritten signature in black ink, appearing to read 'Colin Thomson', with a long horizontal flourish extending to the right.

Colin Thomson
Director of Sport



SPORTS OPTIONS FOR 2017

Note that the following sports will be offered where there are sufficient numbers. Some will have regular weekly competitions for a season, while others may be one or more individual events. See the details for each sport for dates, times etc.

Summer Sports (Terms 1 and 4)

Athletics	Mr M Harris
Basketball	Mr L Dodds
Golf	Mr P Langdon
Multisport	Mr A Brown
Orienteering	Mrs J Romminger
Pistol Shooting	Mrs J Romminger
Rowing	Mr B Tong/Mr R Ansell
Sailing	Ms A Fisher
Swimming	Mr C Thomson
Tennis	Mrs J Romminger
Volleyball	Mr M Harris

Winter Sports (Terms 2 and 3)

Cross country	Mr M Harris
Badminton	Mr C Thomson
Football	Mr C Thomson
Get to Go	Mr C Thomson
Gymnastics	Mrs J Romminger
Hockey	Mr C Thomson/Mr M Harris
Netball	Mrs R Botha
Rugby	Mr C Thomson

Other sports have not been totally excluded and could be introduced if there is sufficient interest.

LIST OF SPORTS

Athletics

Co-ordinator: Mr M Harris

General Information:

Following the school athletics champs a team may be selected to represent the College at the North Harbour Zone Championships. This is held midway through Term 1.

Uniform/equipment:

Wentworth College sports shorts and athletic shirt. Footwear optional although spikes/shoes are recommended for track events.

Badminton

Co-ordinator: Mr C Thomson

General Information:

The level of competition entered would depend on the ages and experience of the players selected. The games are likely to be played from Term 2 onwards at a venue on the Hibiscus Coast or at Badminton North Harbour .

Uniform:

PE uniform plus students need their own rackets.

Basketball

Co-ordinator: Mr L Dodds

General Information:

Depending on the teams' strengths, we would like to have teams playing at North Harbour and/or HBC Leisure Centre. Games are played all year round, with competitions each term.

Uniform:

A playing singlet will be provided. Wentworth College sports shorts, sports shoes.

Cross Country

Co-ordinator: Mr C Thomson

General Information:

Following the school cross-country event, a team will be selected to represent the College at the North Harbour/West Auckland event. This takes place in Term 2.

Uniform:

College athletics top and sports shorts.

Football

Co-ordinator: Mr C Thomson

General Information:

Numbers will dictate teams for both boys and girls. In the past if we have not had a full winter team, students have played in the Term 4 Summer Soccer at HBC club.

Uniform:

Playing tops will be provided. Players will need to provide school sports shorts and socks and shin pads.

Get To Go Challenge

Co-ordinator: Mr C Thomson

General Information:

This is a one day challenge for Seniors in Term 1 and also Years 9 & 10 students in Term 3. Students participate as a team of eight in Kayaking, Orienteering, Rock Climbing and Mountain Biking.

Uniform:

College PE uniform and appropriate footwear. Swimming togs may also be necessary.

Golf

Co-ordinator: Mr P Langdon

General Information:

The Premier Schools competition is in Term 1 and takes place on a variety of courses on the North Shore. There are additional competitions throughout the year on a more individual basis. Generally speaking a low handicap is advantageous to the competitive events.

Uniform:

School trousers and Golf top. Students will need their own clubs.

Gymnastics

Co-ordinator: J Romminger

General Information:

There are a variety of competitions that run during Term 3 for various Gymnastics disciplines.

Uniform:

Students must have their own appropriate Gymnastics clothing for competitions.

Hockey

Co-ordinator: Mr C Thomson/Mr M Harris

General Information:

Hockey has become our most played sport in terms of student numbers. All teams compete at North Harbour Hockey with some games scheduled for Mahurangi. Depending on the team and grade level, games will be played on any night of the week.

Games start at the beginning of Term 2 and run until the end of August.

Uniform:

Hockey dresses for the girls' Team 1; hockey shirts for senior boys' Team 1, and others to wear their PE kit. Students will need their own stick, mouth guard and shin pads.

Multisport

Co-ordinator: Mr A Brown

General Information:

Endurance events are held at a variety of locations, mostly in Term 1. May consist of swimming, biking and running events like a Triathlon.

Uniform:

Own swimming gear, bike and other athletic gear.

Netball

Co-ordinator: Mrs Botha

General Information:

Teams are entered into the Hibiscus Coast Netball Centre competition and the North Harbour Competition at Onewa Domain. The teams are graded and entered into appropriate competitions.

Depending upon teams and grades, games may be played on Thursdays or Saturdays.

Uniform:

Dresses are hired out to our senior teams, and intermediates may purchase theirs from the school Uniform Shop.

Pistol Shooting

Co-ordinator: Mr C Thomson/ Mr H Lemmon

General Information:

The Shooting team have a range set up in the College gymnasium and have a special Pistol Shooting club. Practices take place on Thursday nights and club competitions are held in Terms 2 and 3.

Uniform:

PE gear for any competitions.

Rugby

Co-ordinator: Mr C Thomson

General Information:

If there is sufficient interest we would enter a team in the North Harbour competition at an appropriate grade; alternatively, players may be accommodated in a combined HBC schools team. For the past 4 seasons, many of our students have played a key role for combined Whangaparaoa College teams.

Games are played on Saturday mornings from May onwards.

Uniform:

A rugby jersey will be provided by the school. School sports shorts and rugby socks, own boots.

Rowing

Co-ordinator: Mrs J Romminger

General Information:

Wentworth Rowing now has 13 different boats and we offer a 'Learn to Row & Coxing' programme for students in Years 7 onwards, with competitive racing generally beginning in Year 9.

A large amount of time and effort is required as training starts in Term 4 and culminates towards the end of Term 1 the following year. On the water trainings are based at the Weiti River, with regattas at Lake Pupuke and Lake Karapiro, whilst a one week camp is based at Mangakino towards the end of the Christmas holidays.

Uniform: Rowing singlet provided and students purchase black shorts.

Sailing

Co-ordinator: Miss A Fisher

General Information:

We offer a variety of sailing programmes from a 'Learn to Sail' squad through to the 'Racing Team' who compete in regattas. Trainings normally take place on Tuesday or Thursday after school, and major competitions in summer months and in the Term 1 holidays.

Equipment:

The College provide boats for the Learn to Sail classes and has a number of 420s for team racing regatta.

Swimming

Co-ordinator: Mr C Thomson

General Information:

Selected students will be invited to swim at the North Harbour zone sports throughout Term 1.

Uniform:

Students will need their own swimming togs.

Tennis

Co-ordinator: Mrs J Romminger

General Information:

The level of competition entered will depend on the ages and experience of the players selected. The games are likely to be at the Tennis Northern facility in Albany on Mondays or Saturdays.

Uniform:

PE uniform plus students need their own rackets.

Touch

Co-ordinator: Mr M Harris

General Information:

Games are played either at school or Silverdale Rugby Club in either Turbo Touch or normal Touch competitions. Competitions run from Term 2 onwards.

Uniform:

Playing tops will be provided. College sports shorts and appropriate shoes.

Volleyball

Co-ordinator: Mr M Harris

General Information:

Games are played on Wednesdays for boys and Thursdays for girls at various schools in North Harbour. A local competition is being planned for Coast schools later in the year.

Uniform:

College sports shorts. Playing tops will be provided. Knee pads are optional.

Years 7 & 8 Intermediate Sport – Zone Days

As well as the sports listed previously, we also aim to participate in several Intermediate ‘Zone Days’ throughout the year. Some of these are listed below. These competitions will be advertised through our Daily Notices and teams organised on an ‘as needs’ basis.

Term 1

- Swimming
- Basketball
- Frisbee
- Cricket

Term 2

- Soccer
- Orienteering
- Hockey

Term 3

- Cross Country
- Hockey
- Skiing & Snowboarding
- Volleyball

Term 4

- Athletics
- Golf
- Dance sports

Sports Fee

Wentworth College is bound by ASB College Sport rules and regulations for all school sport and, as such, we are required to pay a subscription levy for the running and administration of sport in Auckland. Per student, this works out to **\$16** per annum. This amount will be charged to all students who are involved in a sporting activity for Wentworth College.

However, each sport will carry additional fees. These fees are dictated by the various sporting bodies in the region and generally cover: entry fees, umpire/ referee costs, venue hire, sport levies and other equipment levies.

Sports Code of Conduct

Wentworth College has had a proud tradition of fair play and this reputation is one we wish to continue into the future. It is therefore important that all players, coaches and supporters are aware of our expectations of them on and off the sports field.

A player should agree to:

Always play by the rules. Play hard, but play fair.

Let the coach or team captain handle disputes and respect the decisions of officials without gesture or argument.

Treat opponents with respect.

Show appreciation for good play by both team-mates and opponents.

Control temper and exercise self-control at all times.

Remember that they are playing because they enjoy the sport and work at achieving their personal best.

Pay the fees for the sport.

Always wear the full and correct sports uniform.

Win with humility, lose with dignity.

Co-operation:

Non-attendance at team meetings, practices and games may result in players being stood down or dropped from the team.

Any injury sustained at trainings or games which require medical attention should be reported.

Take care and look after the sports uniform that will be issued. Wear it with pride.

Remember all coaching is done on a voluntary basis. Make the coach's job easier by being appreciative and committed.

Behaviour of Parents:

Applaud the performance of all players and both teams.

All comments from the sideline should be unbiased and positive.

DO NOT abuse any management, officials, opposition players or spectators. Remember they perform this role on a voluntary basis.

Any inappropriate behaviour reflects badly on your child, the team and is likely to tarnish the school's reputation. Let players play their game, not your game.

If you have any issues regarding your child's team, contact the team manager or staff member in the first instance, then the Sports Department if necessary.

We value your support and look forward to seeing you on the sidelines.

Participation

We encourage participation in most sports but suggest care is taken not to overload on commitments and workloads. Ultimately this will come down to individual students and families, however we recommend a balance between the daily demands of school and sporting commitments. Young adolescents need adequate time to recover, both physically and mentally, so we encourage a healthy balance.

Participation in two or more contact sports is not encouraged. However, participation in **at least one summer or winter sport is recommended** for all students.

Priority Sports & Calendar Considerations

In many schools across the country there is much discussion and debate over summer sports and winter sports. In particular, Term 1 when the starting date for some winter codes can clash with on-going summer sports.

At Wentworth we believe in the holistic education of every student and aim to offer a range of opportunities to allow students to compete and participate fully. This belief is supported by research which suggests that early specialization in sport often fails to produce the best athletes in the long-term and that it is beneficial for young people to participate in a range of sporting activities. In the past we have managed to ensure students can be fully involved in as many sports and activities as they wish.

Increasing pressures are placed upon all sporting codes to ensure all students are given equal opportunity and time to prepare and perform for their chosen sport. Where there is overlap between summer and winter codes, increased load is placed upon students who can further increase the risk of burn out, injury and a potential lack of focus on their academic studies. To avoid this situation, the following policy will be adhered to where possible. These guidelines are supported by College Sport (the governing body of Auckland Secondary Schools sport) and the NZ Sports Council (the National Sports Organisation set up to co-ordinate, promote and protect school sports).

Flexibility must be given due to our small school nature and environment. Open dialogue and communication from all is necessary.

- The sports focus in Terms 1 and 4 should be '**summer**' sport, and, in Terms 2 and 3, '**winter**' sport should have priority.
- Summer sports trainings and competitions take precedence until the end of summer tournament week [end of March approximately].
- Winter sports trainings and competitions take precedence until the end of winter tournament week [end of August approximately].

Communication

The lines of communication between all members of the school community are open. We aim to promote sport internally through our **Daily Notices**. Information regarding meetings, practices and other details will be given to students through this method. We also aim to include details and important information in the school **weekly e-newsletter**. Students will be informed regularly at the weekly **school Assemblies** where Sport Prefects will give an account of school teams and their performances.

We enjoy celebrating all of the sporting successes of our students that take place outside of the school arena. Please email the Sports Department or Main Office with details that should appear in the Congratulations section of the weekly newsletter. The same applies to sports photographs. We like to use lots of photos of our students in action for the Bulletin as well as the Yearbook, so if you have the opportunity to take sporting or action shots we would appreciate these too.

In addition, we encourage all students and parents to download the **Wentworth College App**. Through this we are able to communicate organisational details and other items like cancellations in a prompt and efficient manner.

Selection

We value the work and efforts of our all coaches and, ultimately, the team selection should first and foremost be the decision of the delegated coach or person in charge.

- Initial pre-skill/preseason trainings to take place.
- Team selection can be based on evidence seen in initial pre-trial performances as well as recognised, formal 'trial matches'.
- At all times, decisions are at the coach's or person in charge's discretion.
- Students may be called up to higher teams under exceptional circumstances, based on the coach's/Teacher in charge (T.I.C)/Person of Responsibility (P.O.R) decision, and approval by the Director of Sport.
- Absence – In the event of injury/illness, or other personal situations, this absence will be legitimately accepted, provided prior warning is given.
- With any team sport there will always be exceptional circumstances that may impact upon selection or team performance, and all concerned will endeavor to resolve the situation to the teams' best needs.

The goal of sport at Wentworth is always to field our most competitive team at any one time. Therefore students may be selected at any given time, not only at a one off trial.

At the Coaches discretion, he/ she may:

- Pick a team on attitude as well as performance.
- Teamwork, co-operation and communication aspects may determine student selection as well as the physical performance.

Team Promotion

Our goal is to field the best team, irrespective of age. Some sporting circumstances may dictate team selection based upon age, weight or year level, etc.; however we want the best team to be representing the school on any given day.

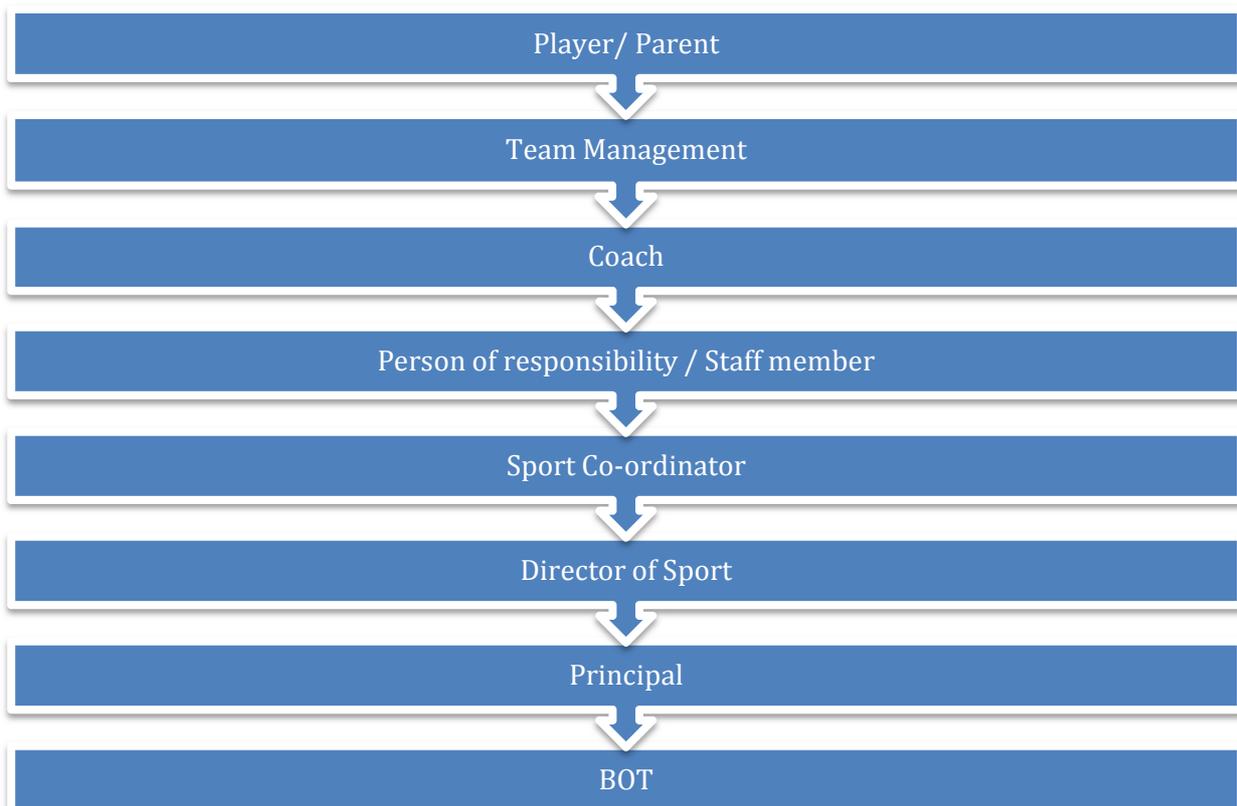
Students therefore can be selected into a higher grade team at any time. Open communication is paramount for this process to be transparent and effective. At all times this should be the coach's decision, made in conjunction with the person in charge and with the approval of the Director of Sport or the College Principal.

Dispute

In the unlikely event of a dispute or issue we operate through the following process:

- 1) In the first instance anything from a query to a dispute **with regard to an individual or the team players** should be discussed face to face with the management or coach of that team. This should be at an appropriate time, suitable for both the parent and the coach to discuss. The matter should be **kept a private matter** between the team management and the parent. Side line comments are not helpful to an individual's or the team's development.
- 2) If this does not resolve the issue, then contact should be made with the **person of responsibility** or staff member in charge of the team. This contact should also ideally be made face to face or by telephone if possible.
- 3) In the unlikely event of there still being issues, please contact either Sports Co-ordinator, Jules Romminger, or Director of Sport, Colin Thomson.
- 4) Wentworth Principal, Bruce Tong, will make any final decisions along with the Board, if necessary.

Any correspondence either verbally or in writing to other schools or organisations concerning complaints must be cleared by the Sports Department before being sent.



Uniforms

Our various sports uniforms are registered for sporting codes and we must adhere to them. Wentworth College's official sports colours are navy blue, maroon and white.

Some sports provide uniforms for students to use, while for others the students will need to purchase a uniform. Most sports uniforms and equipment required can be purchased through the school at a lower cost than what would be paid retail.

All school provided sports uniforms and equipment must be returned to the coach/teacher in charge, or the Sports Office at the completion of the season or event. **Failure to return gear will result in a request for payment of non-returned items.**

Badges

We encourage students to represent the school with pride and wish to recognise their achievements. Students are permitted to wear **school appropriate badges** on their winter uniform blazers. These must be approved by either the Principal or Director of Sport. We appreciate students may be awarded badges for services to sport or clubs, however, **only officially sanctioned badges** will be permitted on the College blazers. Students are permitted to wear a badge for up to a year since the date of issue, after which the student may be asked to remove the badge should it no longer be applicable, for example if a student is no longer coaching a team.

Sport Awards

Our annual Sport Awards ceremony will be held towards the end of Term 4. The aim is to recognise the achievements, contributions and participation of all our teams and athletes. This is an excellent opportunity to acknowledge all the hard work that is put in during the year, and express our gratitude to the coaches, managers and supporters for their efforts.

Sportsman & Sportswoman of the Year

As part of our major awards we recognise an overall Sportsman and Sportswoman for each year group.

These awards are intended to reflect the values and philosophy of Wentworth College. In doing so, while the performance level is expected to be excellent, it is not the only consideration. A student's contribution and performance for a school sporting team or competition will be one of the most important factors. Sports sanctioned by ASB College Sport will hold the greatest weighting.

Attitude to training and demonstration of Fair Play are important role modeling attributes and are therefore a factor in the final decision. Other factors which will be considered are factors like the size and nature of the competition, time commitment required and the level of competition.

Also, service is a part of the philosophy of Wentworth College so the Sportsman and Sportswoman of the year are expected to be giving back to the school, for example by coaching or mentoring younger players, officiating at games, or leadership within the sports area of the school.

It is expected that the award recipients would have represented the school if there is a team or competition available. They would show a positive attitude towards training and games, and also demonstrate fair play. They are expected to contribute something back to the school in terms of leadership, role modeling, coaching, etc.

The final decision on these award recipients will be made by a group comprising the Director of Sport, Principal, members of the Physical Education department and the Sports Co-ordinator. Additional input from staff involved in sports may also be required.

Conclusion

We all want the best for the students and sporting community of Wentworth College. We believe that sport has the opportunity to bring out the best in our students and that it gives them a vehicle to reach their potential.

We hope that the contents of this handbook give some structure, guidance and clarity to all associated with sport at Wentworth. We look forward to the new year and further successes for the College.